

Liability Waiver

It is my complete understanding that participating in any race or physical activity is a potentially hazardous, which could cause injury and/or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform in this event, am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather (including heat and/or humidity), traffic, course conditions, and etc - all such risks being known and appreciated by me. I understand that bikes, skateboards, roller skates/blades, and motorized vehicles are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release:

RUTH'S RACE & HOLT TRACK CLUB

as well as the race director, volunteers, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature:

Parent's Signature if under 18 years:
